

## ***American Red Cross Guard Start***

Guard Start is a program for kids that introduces them to Lifeguard / CPR skills and knowledge in preparation for Lifeguard Training. The course is taught by an American Red Cross Instructor (16 hrs.). ***This program does not certify anyone to be a lifeguard.*** Successful completion of Guard Start will satisfy requirements for ***Boy Scouts Aquatic Merit Badges.*** Guard Start is for kids who are 12, 13, & 14 years old and can demonstrate the following pre-requisite skills:

***\*Swim the front crawl for 25 yards continuously while breathing to the front or side.***

***\*Tread water for 1 minute using arms and legs.***

***\*Submerge and swim a distance or 10 feet underwater***

Name \_\_\_\_\_ Age \_\_\_\_\_  
Ph. No. (day) \_\_\_\_\_ (night) \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_  
St. \_\_\_\_\_ Zip code \_\_\_\_\_ E-mail \_\_\_\_\_  
County of residence \_\_\_\_\_  
Parent's name \_\_\_\_\_

**Resident course fee \$90**

**Non – resident course fee \$99.00**

**Participant's manual \$12**

In order to be eligible for a resident fee, the user must **reside** in Davidson County. Anyone found giving false information about residency to purchase a membership or class would be barred from purchasing the same in the future. Refunds will not be available to anyone giving false residential information.

**All fees subject to change**

Employee Initials:		Receipt #:	
Credit Card #:	- - -	Exp.:	/
Date:	/ /		